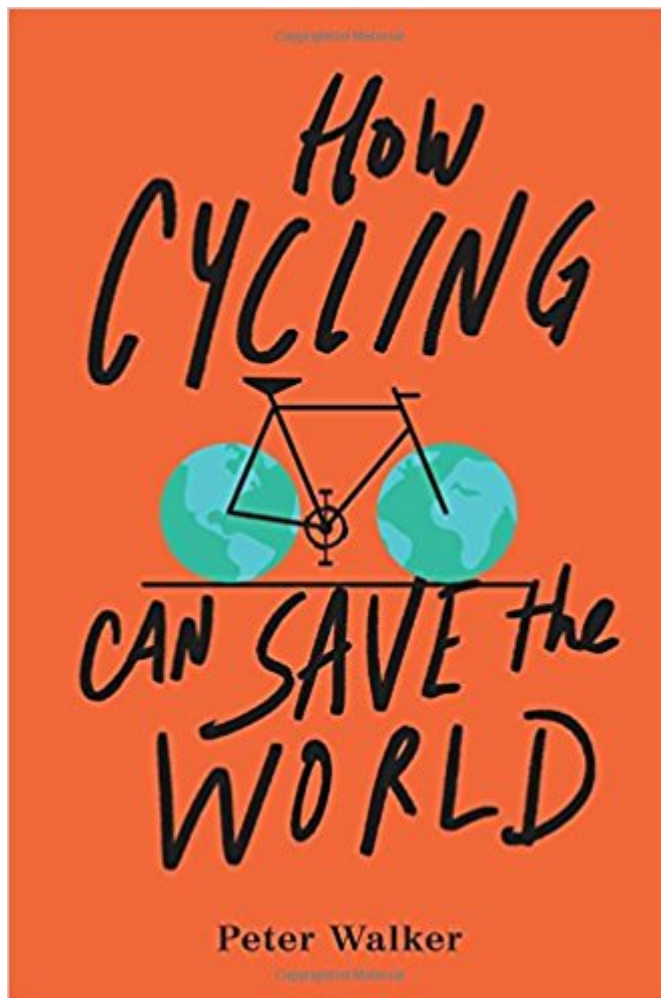


The book was found

How Cycling Can Save The World



Synopsis

Peter Walker is a reporter at the Guardian and curator of its popular bike blog. He shows how the future of humanity depends on the bicycle. Car culture has ensnared much of the world and it's no wonder. Convenience and comfort (as well as some clever lobbying) have made the car the transportation method of choice for generations. But as the world evolves, the high cost of the automobile is made clearer with its dramatic effects on pollution, the way it cuts people off from their communities, and the alarming rate at which people are injured and killed in crashes. Walker argues that the simplest way to tackle many of these problems at once is with one of humankind's most perfect inventions: the bicycle. In *How Cycling Can Save the World*, Walker takes readers on a tour of cities like Copenhagen and Utrecht, where everyday cycling has taken root, demonstrating cycling's proven effect on reducing smog and obesity, and improving quality of life and mental health. Interviews with public figures such as Janette Sadik-Khan, who led the charge to create more pedestrian- and cyclist- friendly infrastructure in New York City provide case studies on how it can be done, and prove that you can make a big change with just a few cycling lanes and a paradigm shift. Meticulously researched and incredibly inspiring, *How Cycling Can Save the World* delivers on its lofty promise and leads readers to the realization that cycling could not only save the world, but have a lasting and positive impact on their own lives.

Book Information

Paperback: 288 pages

Publisher: TarcherPerigee (April 4, 2017)

Language: English

ISBN-10: 0143111779

ISBN-13: 978-0143111771

Product Dimensions: 5.4 x 0.8 x 8.4 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #220,169 in Books (See Top 100 in Books) #172 in Books > Sports & Outdoors > Individual Sports > Cycling #524 in Books > Business & Money > Economics > Environmental Economics #1576 in Books > Engineering & Transportation > Transportation

Customer Reviews

"A fascinating read that informs, educates, and inspires." Library Journal starred

review“Peter Walker’s *How Cycling Can Save the World* is no mere rhetorical flourish; it’s an inspiring social, political, and investment strategy for a rapidly urbanizing planet.”

• Janette Sadik-Khan, former Commissioner of the New York City Department of Transportation

Peter Walker has written the book I wanted to write. It should be compulsory reading for anyone in a decision-making role. This might seem a sweeping statement but when you see the diverse and positive impact more cycling could have on our lives as a cyclist or not, you’ll understand.”

• Chris Boardman, Olympic gold medalist in cycling

Peter Walker is a political correspondent for the Guardian and runs its popular bike blog. As a news journalist he has reported from places ranging from Iraq to North Korea. Walker has also been named one of the fifty most influential people in British cycling. He has been a regular cyclist since working as a cycle courier in London and Sydney.

This is best of the of the books I have read regarding the merits of enabling bicycling to become a prominent aspect of everyday transportation. Although the author is a longtime cyclist, he writes from the perspective of what keeps ordinary would-be riders from taking to the streets. This book has numerous insights that I wish more city administrators and planners knew about. Frankly, the book has many insights that I wish some of the more strident cycling activists would know about. One important premise is that for cycling to be adopted by more people, they need to feel it is safer. This contrasts with the de facto statements in many books about cycling which maintain that cycling on streets is "safe" and that riders merely need to be less risk adverse and be more assertive in the face of motor vehicles weighing 3000 pounds or more. The reality is that perhaps 10 percent of the population is willing to accept the risks that are inherent with the status quo but that another 60 percent or so would be willing to use bicycling as a form of transportation if the infrastructure was such that one did not have to rely on attentive and concerned vehicle drivers and on a level of cycling skills that many people (including children) don't have. Another strong point of the book is that the author actually has read the studies regarding cycling participation and safety, instead of resorting to anecdotes, speculation, or the rehashing of what others have written. In addition, although the author advocates for substantial changes in attitudes and infrastructure, he avoids doing so in a way that would require that mainstream citizens make radical changes in how they live. If you want to read a cycling book that is not written by an "alternative lifestyle" advocate, I recommend this one.

This beautiful book is as informative as it is fun and well-written. The counterintuitive nature of the topics covered herein are as fascinating and eye-opening as the best episode of Freakonomics. The stories are compelling, the interviews are informative, and the statistics are simple to understand and, frankly, revelatory. If the mayors of every major city in the world would read this book and digest the information herein, urban landscapes would be a lot friendlier than they are today. I cannot recommend this book enough.

Excellent compilation of reasons\stories of why utilitarian cycling can combat some of the modern world most pressing issues (global warming, sedentary life style, social equity and traffic deaths.).

[Download to continue reading...](#)

CARB CYCLING - The Best Carb Cycling Recipes for Beginners!: ARB CYCLING - The Ultimate Carb Cycling Guide to Weight and Fat Loss Carb Cycling: The 7-Day Carb Cycle Transformation
Ã¢â¬â Carb Cycling Diet, Carb Cycling Recipes, Carb Cycling Meal Plans Bike Nation: How Cycling Can Save the World How Cycling Can Save the World Essential Resource Guide for Caregivers: Save TIME, Save MONEY, Save Your SANITY! (Second Edition 2017) Carb Cycling: The Simple Way to Work With Your Body to Burn Fat & Build MuscleÃ¢â¬â Ã¢â¬â Includes Over 40 Carb Cycling Recipes! Carb Cycling: Unleash Your BodyÃ¢â¬â Ã¢â¬âs Maximal Potential to Burn Fat and Build Lean Muscle Mass While Staying Lean (Including Recipes, Carb Cycling Diet, Ketogenic ... Muscle While Burning Fat, Healthy Body) CARB CYCLING: Recipes for Beginners! - The Ultimate Carb Cycling Guide to Weight and Fat Loss 101 Cycling Workouts: Improve Your Cycling Ability While Adding Variety to Your Training Program Cycling in the Cotswolds (Cycling Guide Series) Lonely Planet Cycling Vietnam, Laos & Cambodia (Lonely Planet Cycling Guides) Biking the Loire The Best Book Ever About Cycling the Loire (The Steve Says Cycling Series) Cycling Michigan: The 30 Best Road Routes in Western Michigan (Cycling Tours) HIIT: High Intensity Interval Training Guide Including Running, Cycling & Bodyweight Workouts For Weight Loss: Including Running, Cycling & Bodyweight Workouts for Weight Loss The Lions on the Road: Cycling London to Cape Town For Save the Children Fund Save Your Life with the Phenomenal Lemon (& Lime!): Becoming Balanced in an Unbalanced World (How to Save Your Life) Save Your Life with the Power of pH Balance: Becoming pH Balanced in an Unbalanced World (How to Save Your Life Book 1) DIY Projects: Save Time & Money Maintaining Your Home With Simple DIY Household Hacks, Home Remedies: Increase Productivity & Save Time with Frugal Living ... And Organizing, Increase Productivity) Minimalist Budget : Practical Ways to Save Money, Spend Less, Save Time

and Declutter Your Life to Live More Practical, Well Balanced and Non-Materialistic ... Mindset,
Budget Planning Book 1) 1801 Home Remedies: Doctor-Approved Treatments for Everyday Health
Problems Including Coconut Oil to Relieve Sore Gums, Catnip to Sooth Anxiety, ... C to Prevent
Ulcers (Save Time, Save Money)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)